



City of Monterey Park News Release

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Monterey Park's Langley Senior Center Extends Weekend Operating Hours

Monterey Park, Calif. — November 16, 2023 —The City of Monterey Park Recreation and Community Services Department will be extending the hours of operation at [Langley Senior Center](#) starting December 1, 2023. This extension of hours will allow greater access and opportunities for adults ages 50 and over to participate in recreation activities and programs.

The new extended hours of operation will be on Saturdays and Sundays from 8 a.m. to 2 p.m. Ongoing weekday operating hours are Monday, Wednesday and Friday from 8 a.m. to 5 p.m.; Tuesday and Thursday from 8 a.m. to 8 p.m.

Langley Senior Center offers a variety of activities and programs for adults ages 50 and over. Services include a daily lunch program (Monday through Friday), recreational classes, ping-pong, billiards, free health screenings, mental health and wellness activities and more. A majority of programs and activities offered are free to the public. In addition to programs and activities, the center provides opportunities for social engagement and emotional support.

For more information, please contact the Recreation & Community Services Department at 626-307-1388, email recreation@montereypark.ca.gov or visit www.montereypark.ca.gov/seniors.

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